

HOW TO MAKE PLASTERITE

PLASTER ORGONITE
LIFE FORCE ENERGY FOR FREE
A TOOL OF LIGHT

NEEDED

- **A BUCKET**
- **A WHISK**
- **WATER**
- **PLASTER**
- **SAND**
- **HIMALAYA SALT**
- **CRYSTALS OR CRYSTAL POWDER**

QUANTITIES

(FOR ONE LITRE OF WATER)

- **FILL THE BUCKET WITH WATER** **1000 ML**
- **ADD HIMALAYA SALT** **1 TABLE SPOON**
- **ADD PLASTER** **800 ML**
- **ADD SAND** **250 ML**
- **MIX**
- **POUR IT IN A FORM**
- **WHILE HARDENING PUT IN A CRYSTAL IN THE CENTRE**

EXTRA

MATERIALS FOR BENEFICIAL EFFECTS

ADD THESE IF YOU WISH IN SMALL QUANTITIES

NOT NEEDED BUT ENHANCE THE MIX

- **ZEOLITE**
- **CRYSTAL POWDERS**
- **ETHERIC OILS**
- **GEMSTONES FOR SPECIFIC NEEDS**
- **SHUNGITE**
- **ETC....**

TIPS

- ✓ **PLASTER IS ALSO CALLED SELENITE**
- ✓ **INSTEAD OF REAL CRYSTALS YOU CAN PUT CRYSTALS IN WATER AND JUST USE THAT WATER – SAME EFFECT**
- ✓ **USE NATURAL MATERIALS ALL THE TIME**
- ✓ **USE PAINT TO MAKE THE OBJECT MORE DURABLE**

A VISUAL WALK THROUGH

GOOD TO USE BUT NOT ESSENTIAL ARE

- **SEA WEED**
- **SEA SHELLS**
- **ROSE QUARTZ**

MATERIALS



**PLASTER OF PARIS
(selenite)**



SAND

**USE BEACH SAND
OR NATURAL SAND
WITH QUARTZ ETC**



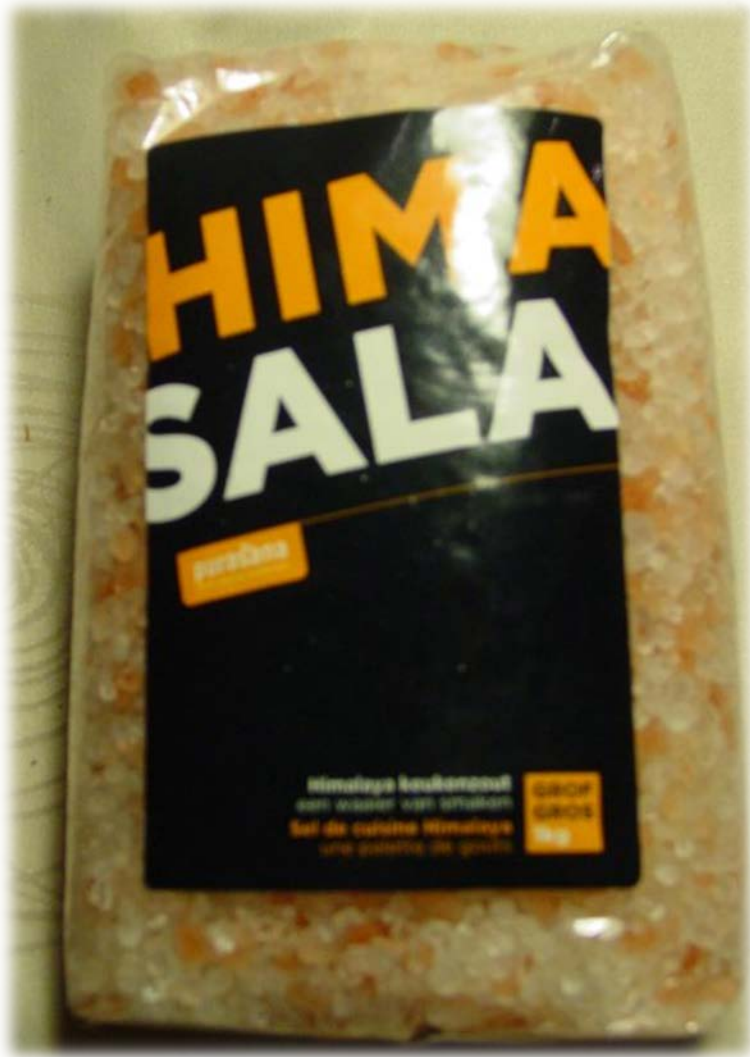
RATIO WATER: PLASTER



**USE OLIVE OIL BEFORE
THE PLASTERITE IS PUT IN
FOR EASY RELEASE**



HIMALAYA SALT



BUCKET AND WHISK



PLASTER



SAND



RATIO PLASTER : SAND



CRYSTALS & ROSE QUARTZ



SEA SHELLS



ETHERIC OILS



ZEOLITE



SEA WEED







